



Fathia is a talented and versatile Yacht Chef with over eight years of experience in luxury culinary services, including work on yachts, in private villas, chalets, and households. A skilled French chef, she is known for creating exceptional dining experiences tailored to diverse dietary preferences, including gluten-free, vegan, paleo, vegetarian, and ketogenic diets. Calm under pressure, Fathia excels in managing high-volume operations, kitchen management, and budgetary controls while maintaining the highest standards of food hygiene and safety. With a diverse background in international cuisines, she is highly regarded for her reliability and excellent culinary skills. Fathia's recent roles include working at an exclusive wellness villa in Zurich, as well as providing gourmet meals on superyachts across the globe. Outside of the kitchen, she enjoys cooking, volleyball, water sports, traveling, learning new languages, and motorbiking.

Chef FATHIA KHENISSA

Nationality French

#### **BREAKFAST**

Selection of fresh baked pastries
Fresh fruit platter
Cheese platter
Meat platter

# **DAY 1 / MENU OPTION 1**

#### **BREAKFAST SPECIAL**

Eggs Florentine

#### LUNCH

Salad of roasted pears, Roquefort cheese, toast pecans, over arugula with warm sherry balsamic dressing

Grilled Mahi-Mahi (or seasonal fish) with mango salsa, lemon basmati rice and mushroom

Watermelon with feta and mint

# **DINNER**

Smoke Salmon blini with dill and cream cheese

Filet mignon with a port wine sauce, mashed potatoes and roasted aspergus

Fondant au chocolat

# DAY 2 / MENU OPTION 1

#### **BREAKFAST SPECIAL**

Poach Eggs and avocado

#### LUNCH

Tomato, Arugula and baby spinach salad with toasted pine nuts and Parmesan shavings

Grilled lemon chicken. Rosemary Potatoes and steamed green vegetables

Crêpes Suzette

#### **DINNER**

Mini mango ceviche, hummus, carrot and cucumber bites

Seared scallops with lemon over green salad

Rack of lamb with macadamia nut crust, honey and red wine vinegar sauce, roasted baby potatoes, and carrot purée with cumino

Lemon cheesecake

# **DAY 3 / MENU OPTION 1**

# **BREAKFAST SPECIAL**

Eggs Royale

# LUNCH

Lightly crispy battered shrimp, with lemon Dijon mustard sauce

Linguini alfredo with roasted vegetables

Vanilla Gelato

# **DINNER**

Beef Carpaccio/Teriyaki Salmon bites

Lobster with fried onions rings, and mixed garden salad

Crème brûlée

# DAY 4 / MENU OPTION 1

# **BREAKFAST SPECIAL**

Make your omelet

# LUNCH

Penne pasta salad with fresh vegetables

Grilled sea bass with roasted lemon

Flambée bananas with rum and chocolate ice-cream

#### DINNER

Italian sausage with pineapple/ cranberry and Brie crostini

Orange salad with fennel and celery; Wagyu beef New-York Strip

Gnocchi with tomato marinara

Iced Lemon Mousse

# **DAY 5 / MENU OPTION 1**

# **BREAKFAST SPECIAL**

Vegetable frittata

# LUNCH

Veal scalloping

Arugula salad with Parmesan cheese, Steam broccoli and green beans

Roasted potatoes with rosemary

Watermelon sorbet

#### DINNER

Grilled mushroom salad with lemon and Parmesan cheese, with french vinaigrette

Roast rouget, with roasted vegetable, baby potatoes

Strawberry short cake

# DAY 6 / MENU OPTION 1

#### **BREAKFAST SPECIAL**

French toast

# LUNCH

Mozzarella, avocado, tomato and basil salad

Lobster cakes with fresh tartar sauce; Roasted peach and goat cheese over arugula and spinach with roasted almonds

Fusilli pasta salad with lemon and chili sauce

Fresh fruits

#### DINNER

Roasted butternut squash summer salad

Pasta Alfredo; steamed green vegetables

Caramelized orange with honey

# **DAY 7 / MENU OPTION 1**

# **BREAKFAST SPECIAL**

Cheese, avocado and smoke salmon toast

# LUNCH

Cheese and meat platters

Rouget with fresh spring rolls with peanut sauce

Brownie with Macadamia ice cream

# DINNER

Crab mini tarts, Devil eggs

Lightly crispy battered shrimp with lemon Dijon mustard sauce

Roasted vegetables with tagliatelle

Berries crumble

# **DAY 1 / MENU OPTION 2**

#### **BREAKFAST SPECIAL**

Quiche Lorraine

# LUNCH

Terrine of roasted peppers, spinach and mozzarella cheese with Balsamic Glaze

Grilled chicken kebabs with orange and tomato sauce, rice salad

French Apple tarte with vanilla Ice-cream

#### **DINNER**

Mozzarella and tomato bites/ cheese platter

Grilled asparagus, roast tomato and buffalo mozzarella salad

Grilled tiger prawns served on lemon and rocket risotto and dressed leaves

Chocolate cake

# DAY 2 / MENU OPTION 2

# **BREAKFAST SPECIAL**

Cocotte eggs

# LUNCH

Caesar salad with Parmesan crouton, and white anchovy

Roast fillet of beef(fish option) with roasted root vegetables, steamed tender-stem broccoli

Passion fruit panna cotta

# **DINNER**

Creamed leek and smoked salmon tartlets

Beef tenderloin with cherry balsamic reduction and sweet potatoes

Key lime

# DAY 3 / MENU OPTION 2

# **BREAKFAST SPECIAL**

Blueberries pancakes

# LUNCH

Gazpacho with melon and basil

Indian spiced chicken kebabs served with hummus, taboulet, tzatziki, mixed salad and pita pockets

Chia coconut pudding

# DINNER

Caesar salad in filo cups with white anchovy/ watermelon and feta bite

Rack of lamb with rosemary roast new potatoes, sautée yellow squash and mint salsa

Fresh chocolate mousse

# DAY 4 / MENU OPTION 2

#### **BREAKFAST SPECIAL**

Fried Eggs

# LUNCH

Roasted lamb shank (fish option) with white bean puree, grilled asparagus, slow roasted tomatoes and aioli

Steamed spinach, roasted peppers and portobello mushrooms with tomato basil and coriander seed vinaigrette

Lemon cheesecake with lime on top

#### **DINNER**

Greek salad with fresh feta cheese, cherry tomatoes and lemon, black pepper vinaigrette

Eggplant mousakaa with yogurt sauce on side

Homemade profiterole with chocolate sauce on top

# **DAY 5 / MENU OPTION 2**

# **BREAKFAST SPECIAL**

Benedicts with hollandaise sauce

# LUNCH

Mozzarella salad with berries glaze balsamic vinaigrette

Chicken Parmesan fried and baked with fresh tomato sauce

Oreo Tiramisu

#### DINNER

Niçoise salad with fresh sardine and butter tartines whole grain

Fresh mussels cook in white wine, onions and crème fraîche

Apple Crumble with homemade caramel sauce

# DAY 6 / MENU OPTION 2

# **BREAKFAST SPECIAL**

French toast with baguette

# LUNCH

Avocado and crabs tartare with fresh papaya and zest of fruits

Pasta tagliatelle with Salmon and crème fraîche. (Red and green Pesto in option)

Fresh seasonal fruits

#### DINNER

Quinoa Salad with grilled tuna

Shakshoukhaa (spicy in option) with fresh Mediterranean veggies and peas

Pecan pie with caramelized nuts

# **DAY 7 / MENU OPTION 2**

# **BREAKFAST SPECIAL**

Acaï bowl

# LUNCH

Salad with corn and mix veggies

Quich with Salmon, thym, crème fraîche, and vegetable

Caramel flan

# DINNER

Vegetable rolls with Soja and sweet chili sauce on side

Chicken panang, red curry and lemon grass with basmati rice and mushroom

Vanille crème brûlée

